## ITI Limited Observes 5<sup>th</sup> International Day of Yoga

ITI Limited celebrated 5th International Day of Yoga today, June 21, 2019 at ITI Bangalore Plant. Shri K Alagesan, CMD, Shri R M Agarwal, Director (Marketing) and Shri Shashi Prakash Gupta, Director (HR) graced the occasion in the presence of Shri Y Muralidhar, GM-BG & R&D, Unit Head, Bangalore Plant, senior officers and employees.

Shri Chikkanna, Yoga Teacher from Ramakrishna Vivekananda Yoga Kendra highlighted the benefits of yoga and demonstrated yoga asanas. Shri K Alagesan, Shri R M Agarwal, Shri Shashi Prakash Gupta, senior officers and employees actively participated in the yoga session.





